



Bitterroot National Forest

1801 N. 1st Street, Hamilton, MT 59840 (406) 363-7100

NEWS RELEASE

FOR IMMEDIATE RELEASE

**Contact: Nan Christlanson
Public Affairs Officer
(406) 363-7113 office
(406) 531-1130 cell**

"Lake Como Family Fun Day"

Hamilton, Montana, July 3, 2007—The Bitterroot National Forest and Healthy Families in cooperation with Kid's First is again offering a free use day at the Lake Como Recreation Area. The 8th Annual Healthy Families Lake Como fun day will be Tuesday, July 10, from 10a.m to 2 p.m. at Lake Como Beach near Darby.

Recreation passes for day use will not be needed at the Lake. Healthy Families and Kids' First will be hosting the family day with FREE food, books, swimming, Sand Castle Contest and other activities. The Retired Senior Volunteer Program will have bubbles; Darby Fire Department will be there to spray water on the crowd, and Smokey the Bear will stop by for a visit with the kids.

Come to Lake Como join in on the fun activities, and the opportunity to have a wonderful day at the Lake with your friends and neighbors!

For more information on the Family Fun Day please contact Kids First at 363-2900.

##